

**Recession-Proof Areas** by Mark Hovind, [www.JobBait.com](http://www.JobBait.com) ... compiled in February 2008.

Is your metropolitan area recession-proof?

First, please understand that “recession-**proof**” is a colloquial term. Technically, this should be “recession-**resistant**.”

**Our approach:** We looked at the employment trends for about 400 metropolitan areas to see if their growth was faster than our ~1.2% per year population growth. We used not seasonally adjusted data for 12 month periods to eliminate seasonal bias. The periods included June 1990 to June 1991, January 2001 to January 2002 and December 2006 to December 2007. The first two periods overlapped the recessions of 1990 and 2001, and the 2007 period used the latest data available at the time of this report.

**Our argument:** If an area can sustain strong employment growth during recessions and during the “slowdown” in 2007, it is resistant to a recession, or “recession-proof.” Clearly there’s more to it than just employment growth (like housing, gas prices, credit, etc.) but we did not attempt to include these factors.

**Color code key:** The population in the U.S. (and thus the available workforce) is growing at about 1.2% per year. Like inflation, we’re either keeping up or we’re not. Here are the keys:

- **Green** denotes growing faster than 1.2% per year
- **Grey** denotes growing slower than 1.2% per year
- **Red** denotes declining.

There are 27 locations in the table below that were growing faster than 1.2% in each of the three periods shown. In these cases, the Location is highlighted in green.

Location	1990	2001	2007
<b>Alabama</b>	-0.2%	-1.9%	1.2%
Anniston-Oxford	0.2%	-1.0%	0.4%
Auburn-Opelika	-2.6%	-0.2%	0.0%
Birmingham-Hoover	-0.5%	-1.4%	1.0%
Decatur	-0.4%	-3.1%	0.2%
Dothan	-0.2%	-0.3%	-0.2%
Florence-Muscle Shoals	0.0%	-5.6%	0.7%
Gadsden	1.2%	-0.5%	3.2%
Huntsville	-0.9%	-1.6%	2.3%
Mobile	3.4%	-2.0%	1.5%
Montgomery	-0.4%	-1.1%	2.0%
Tuscaloosa	0.0%	-1.2%	0.8%
<b>Alaska</b>	0.4%	2.2%	0.7%
Anchorage	0.8%	2.6%	0.4%
Fairbanks	-0.3%	3.0%	0.0%
<b>Arizona</b>	0.2%	-1.0%	1.4%
Flagstaff	3.3%	0.4%	0.6%
Phoenix-Mesa-Scottsdale	-1.3%	-1.6%	1.5%
1 Prescott	7.7%	3.0%	1.8%
Tucson	2.3%	-0.7%	1.4%
Yuma	5.8%	0.9%	-0.4%
<b>Arkansas</b>	1.0%	-1.3%	0.5%

2	Fayetteville-Springdale-Rogers	3.6%	3.4%	2.4%
	Fort Smith	0.6%	-1.9%	3.2%
	Hot Springs	2.2%	-2.0%	1.3%
	Jonesboro	-1.4%	-2.3%	0.8%
	Little Rock-North Little Rock-Conway	0.8%	-2.2%	2.1%
	Pine Bluff	-3.8%	-2.5%	-0.5%
<b>California</b>		-1.3%	-1.8%	0.6%
3	Bakersfield	4.5%	1.3%	2.3%
4	Chico	3.9%	1.6%	1.9%
5	El Centro	4.3%	5.2%	4.2%
	Fresno	0.9%	1.7%	2.1%
	Hanford-Corcoran	5.7%	1.0%	3.5%
	Los Angeles-Long Beach-Glendale	-4.0%	-2.1%	0.7%
	Los Angeles-Long Beach-Santa Ana	-3.7%	-2.0%	0.5%
6	Madera	11.0%	3.0%	1.9%
	Merced	6.8%	4.7%	-1.8%
	Modesto	0.7%	0.5%	0.3%
	Napa	-5.2%	0.0%	0.6%
	Oakland-Fremont-Hayward	0.1%	-2.4%	0.3%
	Oxnard-Thousand Oaks-Ventura	0.4%	0.9%	0.4%
7	Redding	4.7%	1.7%	1.7%
	Riverside-San Bernardino-Ontario	0.4%	3.1%	3.0%
	Sacramento--Arden-Arcade--Roseville	2.0%	1.7%	0.6%
	Salinas	-1.4%	-0.6%	0.7%
	San Diego-Carlsbad-San Marcos	-0.1%	1.0%	1.0%
	San Francisco-Oakland-Fremont	-0.5%	-5.5%	0.9%
	San Francisco-San Mateo-Redwood City	-1.1%	-8.5%	1.6%
	San Jose-Sunnyvale-Santa Clara	-1.3%	-11.7%	1.6%
	San Luis Obispo-Paso Robles	0.3%	2.1%	0.0%
	Santa Ana-Anaheim-Irvine	-2.3%	-1.8%	-0.2%
	Santa Barbara-Santa Maria-Goleta	1.3%	-0.5%	0.7%
	Santa Cruz-Watsonville	1.3%	-3.5%	1.5%
	Santa Rosa-Petaluma	2.3%	-1.4%	0.9%
	Stockton	1.2%	1.1%	-1.2%
	Vallejo-Fairfield	-0.3%	2.5%	0.5%
	Visalia-Porterville	4.2%	1.8%	-0.7%
	Yuba City	4.2%	0.0%	-1.4%
<b>Colorado</b>		1.2%	-2.8%	1.9%
	Boulder	3.7%	-4.2%	1.3%
	Colorado Springs	2.0%	-2.6%	0.7%
	Denver-Aurora	0.8%	-4.3%	1.7%
	Fort Collins-Loveland	3.2%	-1.1%	3.0%
8	Grand Junction	2.3%	2.8%	4.9%
	Greeley	1.7%	1.2%	1.8%
	Pueblo	-1.1%	-2.7%	3.5%
<b>Connecticut</b>		-4.1%	-0.7%	1.1%
	Bridgeport-Stamford-Norwalk	-4.2%	-2.2%	1.5%
	Danbury	-4.6%	-1.3%	1.0%
	Hartford-West Hartford-East Hartford	-5.6%	-1.5%	0.6%
	New Haven	-4.9%	0.2%	0.0%

Norwich-New London	-4.6%	4.2%	0.9%
Waterbury	-4.3%	-2.3%	0.3%
<b>Delaware</b>	-1.5%	-1.7%	0.3%
Dover	3.3%	-1.5%	-0.2%
Wilmington	-2.3%	-1.6%	1.0%
<b>District of Columbia</b>	-1.6%	1.8%	1.4%
Washington-Arlington-Alexandria Metro	-2.9%	0.2%	1.5%
Washington-Arlington-Alexandria	-2.7%	0.3%	1.4%
<b>Florida</b>	-2.4%	-0.3%	1.1%
Cape Coral-Fort Myers	-3.5%	3.4%	1.5%
Deltona-Daytona Beach-Ormond Beach	-2.2%	2.0%	0.7%
Fort Lauderdale-Pompano Beach-Deerfield Beach	-2.2%	0.2%	1.0%
Fort Walton Beach-Crestview-Destin	-0.9%	2.8%	0.5%
Gainesville	-2.4%	-1.8%	0.6%
Jacksonville	-1.1%	-0.4%	1.4%
Lakeland	-3.5%	-0.7%	0.4%
Miami-Fort Lauderdale-Pompano Beach	-2.7%	-0.4%	1.2%
Miami-Miami Beach-Kendall	-3.5%	-1.7%	1.0%
Naples-Marco Island	-1.1%	4.5%	0.7%
Ocala	-2.2%	-0.5%	0.6%
Orlando-Kissimmee	-1.3%	-2.0%	2.3%
Palm Bay-Melbourne-Titusville	-1.8%	-0.7%	0.1%
Panama City-Lynn Haven	-0.3%	-0.5%	2.1%
Pensacola-Ferry Pass-Brent	-1.2%	0.5%	0.5%
Port St. Lucie	-4.4%	2.6%	1.3%
Punta Gorda	-2.1%	3.5%	0.7%
Sarasota-Bradenton-Venice	-1.5%	4.5%	-0.4%
Sebastian-Vero Beach	-6.9%	-1.6%	1.2%
Tallahassee	-0.8%	-0.8%	1.6%
Tampa-St. Petersburg-Clearwater	-3.3%	-0.3%	1.1%
West Palm Beach-Boca Raton-Boynton Beach	-1.4%	1.4%	1.7%
<b>Georgia</b>	-2.1%	-2.8%	1.7%
Albany	-1.1%	-1.0%	1.2%
Athens-Clarke County	-2.0%	0.0%	2.0%
Atlanta-Sandy Springs-Marietta	-1.4%	-2.2%	2.2%
Augusta-Richmond County	-1.7%	-0.2%	0.7%
Brunswick	-3.0%	1.7%	0.2%
Columbus	-2.1%	-0.3%	1.1%
Dalton	-0.8%	-0.1%	-0.4%
Gainesville	-0.6%	-2.0%	2.7%
Hinesville-Fort Stewart	-0.8%	0.7%	3.2%
Macon	-2.8%	-0.4%	1.1%
Rome	0.5%	2.3%	0.4%
Savannah	-3.4%	0.8%	1.9%
9 Valdosta	1.9%	3.4%	1.6%
Warner Robins	-3.6%	5.0%	4.0%
<b>Hawaii</b>	1.5%	-1.4%	1.0%
Honolulu	0.7%	-1.7%	0.8%
<b>Idaho</b>	3.0%	-1.0%	1.7%
Boise City-Nampa	3.3%	-0.9%	1.4%

10	<b>Coeur d'Alene</b>	8.7%	3.4%	3.9%
	Idaho Falls	8.2%	-0.5%	3.3%
	Lewiston	8.2%	-1.9%	-0.7%
	Pocatello	6.6%	-3.2%	-1.5%
	<b>Illinois</b>	-1.3%	-2.5%	0.7%
	Bloomington-Normal	2.5%	3.1%	0.5%
	Champaign-Urbana	0.6%	-0.4%	-0.2%
	Chicago-Naperville-Joliet Metro	-2.2%	-3.0%	0.9%
	Chicago-Naperville-Joliet	-1.7%	-2.8%	0.9%
	Danville	-2.6%	-3.4%	-0.6%
	Davenport-Moline-Rock Island	0.8%	-2.8%	0.6%
	Decatur	1.8%	-4.6%	0.2%
	Kankakee-Bradley	5.0%	-1.2%	0.2%
	Lake County-Kenosha County	1.7%	-1.0%	1.1%
	Peoria	0.1%	-2.5%	0.8%
	Rockford	-2.5%	-3.6%	-0.1%
	Springfield	1.4%	0.4%	0.4%
	<b>Indiana</b>	-0.6%	-2.4%	0.3%
	Anderson	0.4%	-3.4%	-1.9%
	Bloomington	-1.3%	-1.1%	1.4%
	Columbus	-2.3%	-4.2%	2.9%
	Elkhart-Goshen	-3.7%	-5.4%	1.2%
	Evansville	-0.7%	-0.7%	1.3%
	Fort Wayne	-0.6%	-2.2%	-0.1%
	Gary	0.0%	-3.2%	0.4%
	Indianapolis-Carmel	0.9%	-0.4%	1.1%
	Kokomo	0.2%	-4.2%	0.0%
	Lafayette	-1.2%	-0.7%	2.2%
	Michigan City-La Porte	0.6%	-3.7%	0.4%
	Muncie	-0.8%	-1.2%	-0.7%
	South Bend-Mishawaka	-0.6%	-2.5%	0.3%
	Terre Haute	2.4%	-1.2%	-0.4%
	<b>Iowa</b>	1.3%	-1.6%	1.5%
	Ames	-0.3%	-0.2%	0.6%
	Cedar Rapids	-0.1%	-2.2%	-0.5%
	Des Moines-West Des Moines	2.0%	-0.5%	2.4%
	Dubuque	0.2%	-1.0%	0.3%
	Iowa City	1.3%	2.1%	0.9%
	Sioux City	3.7%	-1.9%	-0.1%
	Waterloo-Cedar Falls	1.9%	-0.1%	-0.1%
	<b>Kansas</b>	-0.2%	-1.0%	1.7%
	Lawrence	0.6%	0.4%	1.7%
	Topeka	-0.8%	0.4%	4.6%
	Wichita	0.8%	-0.7%	3.8%
	Kansas City	1.2%	-1.5%	1.5%
	<b>Kentucky</b>	0.2%	-1.9%	0.7%
	Bowling Green	2.7%	-0.8%	1.3%
	Elizabethtown	0.8%	0.0%	0.8%
	Lexington-Fayette	0.5%	-3.0%	1.3%
	Louisville-Jefferson County	-0.8%	-3.1%	1.2%

	Owensboro	-1.2%	-1.6%	0.8%
	<b>Louisiana</b>	1.5%	-1.5%	2.3%
11	Alexandria	2.2%	1.4%	1.2%
	Baton Rouge	3.6%	0.2%	2.3%
12	Houma-Bayou Cane-Thibodaux	2.2%	1.4%	2.9%
	Lafayette	8.2%	-0.4%	1.4%
13	Lake Charles	2.7%	1.3%	2.2%
	Monroe	2.6%	2.5%	0.7%
	New Orleans-Metairie-Kenner	1.4%	-2.5%	3.2%
	Shreveport-Bossier City	0.7%	-2.9%	1.9%
	<b>Maine</b>	-5.3%	-0.8%	0.7%
	Bangor	-3.6%	-0.2%	2.1%
	Lewiston-Auburn	-5.8%	0.0%	0.2%
	Portland-South Portland-Biddeford	-5.5%	0.0%	-0.1%
	<b>Maryland</b>	-3.7%	0.3%	1.4%
	Baltimore-Towson	-4.4%	-0.3%	1.3%
	Bethesda-Gaithersburg-Frederick	-2.0%	0.8%	1.2%
	Cumberland	0.3%	0.6%	0.2%
	Hagerstown-Martinsburg	0.8%	0.6%	2.2%
	Salisbury	-1.0%	1.0%	1.9%
	Baltimore City	-7.3%	-2.9%	0.2%
	Calvert-Charles-Prince George's	-4.8%	0.9%	0.4%
	<b>Massachusetts</b>	-5.8%	-3.3%	0.9%
	Barnstable Town	-5.4%	-0.1%	1.0%
	Boston-Cambridge-Quincy, MA-NH	-5.0%	-3.6%	1.1%
	Boston-Cambridge-Quincy	-5.1%	-3.9%	1.5%
	Brockton-Bridgewater-Easton	-6.6%	-1.4%	1.5%
	Framingham	-4.8%	-2.7%	1.2%
	Haverhill-North Andover-Amesbury	-1.4%	-4.7%	0.6%
	Leominster-Fitchburg-Gardner	-5.3%	-1.9%	0.0%
	Lowell-Billerica-Chelmsford	-4.4%	-3.0%	0.3%
	New Bedford	-5.6%	-1.2%	0.1%
	Peabody	-6.2%	-0.6%	0.3%
	Pittsfield	-6.9%	0.8%	1.1%
	Springfield	-4.8%	-1.8%	0.6%
	Worcester	-5.3%	-1.4%	0.9%
	<b>Michigan</b>	-2.5%	-2.8%	-1.8%
	Ann Arbor	-5.2%	-1.5%	-0.6%
	Battle Creek	0.4%	-0.2%	-1.3%
	Bay City	0.3%	-2.5%	-3.8%
	Detroit-Livonia-Dearborn	-3.5%	-4.6%	-2.1%
	Detroit-Warren-Livonia	-2.5%	-3.9%	-1.8%
	Flint	-5.7%	-1.6%	-3.2%
	Grand Rapids-Wyoming	-1.6%	-2.4%	0.4%
	Holland-Grand Haven	6.8%	-4.8%	-0.7%
	Jackson	-4.8%	-3.0%	-2.0%
	Kalamazoo-Portage	-0.2%	-1.2%	1.0%
	Lansing-East Lansing	-4.8%	-0.1%	-0.1%
	Monroe	0.6%	3.7%	0.0%
	Muskegon-Norton Shores	-4.0%	0.5%	0.0%

	Niles-Benton Harbor	-2.4%	-2.4%	2.2%
	Saginaw-Saginaw Township North	0.5%	-4.2%	-2.9%
	Warren-Troy-Farmington Hills	-1.6%	-3.3%	-1.6%
<b>Minnesota</b>				
	Duluth	1.9%	-1.9%	1.2%
	Minneapolis-St. Paul-Bloomington	-0.3%	-2.2%	0.2%
	Rochester	1.2%	0.0%	1.2%
	St. Cloud	3.8%	0.4%	1.2%
<b>Mississippi</b>				
	Gulfport-Biloxi	0.7%	-1.7%	2.8%
	Hattiesburg	0.0%	-0.2%	0.0%
	Jackson	-0.6%	-0.5%	1.5%
	Pascagoula	4.2%	-3.0%	4.0%
<b>Missouri</b>				
	Columbia	2.3%	2.6%	1.0%
	Jefferson City	1.8%	-0.9%	1.3%
	Joplin	0.5%	-3.0%	1.5%
	Kansas City	-0.5%	-1.7%	1.1%
	St. Joseph	-3.1%	-1.2%	3.5%
	St. Louis	-2.1%	-0.7%	1.7%
	Springfield	0.8%	-0.1%	2.7%
	Kansas City	-1.6%	-1.9%	0.7%
<b>Montana</b>				
14	Billings	2.5%	3.7%	6.2%
	Great Falls	2.1%	0.0%	4.5%
	Missoula	1.2%	2.2%	3.4%
<b>Nebraska</b>				
	Lincoln	1.5%	-1.1%	1.4%
	Omaha-Council Bluffs	0.1%	0.2%	1.1%
<b>Nevada</b>				
	Carson City	-0.5%	-1.3%	-0.9%
	Las Vegas-Paradise	2.6%	-1.3%	1.0%
	Reno-Sparks	-0.8%	-1.9%	0.3%
<b>New Hampshire</b>				
	Manchester	-4.5%	-1.5%	-0.6%
	Nashua	-6.2%	-4.2%	0.2%
	Portsmouth	-7.1%	-1.2%	1.4%
	Rochester-Dover	-2.8%	0.2%	2.1%
<b>New Jersey</b>				
	Atlantic City	-6.6%	-0.4%	0.0%
	Camden	-4.4%	2.1%	1.9%
	Edison	-3.0%	0.7%	1.0%
	Newark-Union	-5.2%	0.2%	0.2%
	Ocean City	-4.6%	0.9%	1.0%
	Trenton-Ewing	-2.4%	1.5%	1.8%
	Vineland-Millville-Bridgeton	-3.5%	0.9%	-0.2%
	Bergen-Hudson-Passaic	-5.4%	-2.2%	0.2%
<b>New Mexico</b>				
	Albuquerque	-1.1%	-0.7%	0.9%
15	Farmington	3.9%	2.7%	1.7%

Las Cruces	-2.3%	2.3%	1.8%
Santa Fe	-0.2%	0.9%	3.8%
<b>New York</b>	-4.2%	-2.6%	0.9%
Albany-Schenectady-Troy	-2.6%	-0.6%	-0.1%
Binghamton	-2.3%	-3.4%	0.5%
Buffalo-Niagara Falls	-3.2%	-1.7%	0.6%
Elmira	-4.0%	-4.4%	1.5%
Glens Falls	-1.4%	-0.6%	0.4%
Ithaca	-2.5%	-0.2%	0.8%
Kingston	-2.7%	-0.2%	1.7%
Nassau-Suffolk	-4.7%	-0.8%	0.3%
New York City	-5.5%	-4.1%	1.5%
New York-Northern New Jersey-Long Island	-5.0%	-2.1%	0.9%
New York-White Plains-Wayne	-5.4%	-3.4%	1.2%
Poughkeepsie-Newburgh-Middletown	-2.9%	-0.1%	0.7%
Putnam-Rockland-Westchester	-4.7%	-0.9%	1.0%
Rochester	-0.5%	-3.2%	0.2%
Syracuse	-2.8%	-2.2%	0.7%
Utica-Rome	-4.3%	-2.5%	0.7%
<b>North Carolina</b>	-2.2%	-2.5%	1.7%
Asheville	0.8%	0.1%	1.5%
Burlington	-4.0%	-4.8%	0.8%
Charlotte-Gastonia-Concord	-2.4%	-0.7%	1.9%
Durham	0.0%	-0.8%	2.2%
Fayetteville	-0.8%	-2.6%	4.4%
Goldsboro	-3.3%	-2.5%	0.5%
Greensboro-High Point	-1.9%	-3.3%	1.1%
Greenville	-4.3%	-3.2%	2.1%
Hickory-Lenoir-Morganton	-3.3%	-7.3%	-0.8%
Jacksonville	0.3%	-1.0%	5.3%
Raleigh-Cary	0.2%	-2.8%	2.0%
Rocky Mount	-1.5%	-5.0%	4.5%
Wilmington	1.9%	-1.9%	2.4%
Winston-Salem	-0.4%	-1.0%	1.0%
<b>North Dakota</b>	1.4%	-0.1%	1.1%
Bismarck	1.0%	0.0%	2.2%
Fargo	2.1%	-0.5%	0.4%
Grand Forks	2.5%	-1.6%	1.4%
<b>Ohio</b>	-2.0%	-2.5%	-0.2%
Akron	-1.3%	-1.9%	0.9%
Canton-Massillon	-1.2%	-2.1%	0.1%
Cincinnati-Middletown	-0.1%	-1.0%	0.4%
Cleveland-Elyria-Mentor	-2.6%	-3.8%	0.1%
Columbus	-1.0%	-1.0%	0.5%
Dayton	-2.7%	-2.1%	-0.3%
Lima	-2.0%	-0.7%	0.2%
Mansfield	-4.4%	-1.7%	0.0%
Sandusky	-0.7%	-1.4%	-0.5%
Springfield	-2.6%	-3.4%	-0.8%
Toledo	-3.6%	-2.3%	-0.4%

	Weirton-Steubenville	-6.8%	-1.8%	1.0%
	Youngstown-Warren-Boardman	-1.5%	-1.5%	-1.1%
	<b>Oklahoma</b>	1.2%	-1.1%	1.5%
	Lawton	-1.9%	1.3%	2.7%
	Oklahoma City	0.7%	-0.5%	3.7%
	Tulsa	2.3%	-0.2%	1.5%
	<b>Oregon</b>	-0.7%	-2.6%	1.4%
16	<b>Bend</b>	3.0%	1.4%	2.4%
	Corvallis	-1.8%	-0.3%	2.5%
	Eugene-Springfield	-1.7%	-1.3%	0.9%
	Medford	-0.9%	-2.8%	1.6%
	Portland-Vancouver-Beaverton	0.0%	-3.5%	1.4%
	Salem	-0.5%	-1.5%	1.1%
	<b>Pennsylvania</b>	-1.9%	-1.2%	0.8%
	Allentown-Bethlehem-Easton	-1.1%	-1.3%	2.0%
	Altoona	-3.6%	-0.5%	0.0%
	Erie	-0.7%	-3.7%	0.2%
	Harrisburg-Carlisle	-0.4%	-0.1%	1.0%
	Johnstown	-0.2%	-2.5%	1.0%
	Lancaster	-1.7%	0.4%	1.7%
	Lebanon	-1.2%	0.5%	1.0%
	Philadelphia	-2.9%	-1.0%	0.7%
	Philadelphia City	-4.7%	-1.7%	0.4%
	Philadelphia-Camden-Wilmington	-3.1%	-0.5%	1.0%
	Pittsburgh	-0.9%	-1.5%	0.2%
	Reading	-2.9%	-1.8%	0.3%
	Scranton--Wilkes-Barre	-2.0%	-2.8%	0.9%
17	<b>State College</b>	2.9%	1.5%	1.3%
	Williamsport	-2.7%	-3.6%	-0.2%
	York-Hanover	-1.8%	-1.8%	1.9%
	<b>Rhode Island</b>	-6.9%	-0.8%	0.6%
	Providence-Fall River-Warwick	-4.0%	-0.9%	-0.1%
	<b>South Carolina</b>	-2.6%	-2.4%	1.5%
	Anderson	-2.1%	-3.8%	0.9%
	Charleston-North Charleston	-0.9%	0.7%	2.5%
	Columbia	-1.3%	-1.8%	1.3%
	Florence	-0.4%	-1.6%	1.2%
	Greenville-Mauldin-Easley	-1.4%	-5.5%	2.3%
	Myrtle Beach-Conway-North Myrtle Beach	1.4%	-1.7%	-0.4%
	Spartanburg	-3.3%	-2.9%	-0.9%
	Sumter	2.9%	-5.3%	-2.3%
	<b>South Dakota</b>	2.5%	-1.0%	1.4%
	Rapid City	2.0%	-0.5%	0.7%
	Sioux Falls	3.3%	-0.3%	2.2%
	<b>Tennessee</b>	-1.2%	-2.2%	0.8%
	Chattanooga	-1.5%	-1.0%	0.3%
	Clarksville	-0.7%	-0.7%	-0.8%
	Cleveland	-2.6%	-3.2%	-0.2%
	Jackson	-0.6%	-3.4%	1.0%
	Johnson City	0.6%	-0.5%	2.3%

	Kingsport-Bristol-Bristol	-0.1%	-1.6%	1.7%
	Knoxville	1.7%	0.1%	0.9%
	Memphis	-1.6%	-1.4%	1.6%
	Morristown	-2.5%	-2.4%	-0.8%
	Nashville-Davidson--Murfreeseboro--Franklin	-0.3%	-1.7%	0.6%
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	<b>Texas</b>	1.0%	-1.4%	2.1%
	Abilene	3.4%	-0.2%	2.1%
	Amarillo	-0.2%	-0.1%	1.1%
	Austin-Round Rock	3.2%	-3.4%	3.1%
	Beaumont-Port Arthur	5.6%	-2.4%	1.8%
18	Brownsville-Harlingen	2.3%	1.3%	2.6%
	College Station-Bryan	2.5%	-0.5%	0.2%
	Corpus Christi	-0.6%	-1.0%	1.6%
	Dallas-Fort Worth-Arlington	0.0%	-2.9%	2.3%
	Dallas-Plano-Irving	0.0%	-3.6%	2.4%
	El Paso	0.3%	-1.4%	1.4%
	Fort Worth-Arlington	0.2%	-1.2%	2.0%
	Houston-Sugar Land-Baytown	1.9%	0.0%	2.4%
	Killeen-Temple-Fort Hood	1.5%	1.0%	0.6%
19	Laredo	7.9%	3.9%	2.0%
	Longview	3.3%	-1.8%	0.9%
	Lubbock	-1.4%	-0.2%	2.3%
	McAllen-Edinburg-Mission	-0.7%	3.0%	5.2%
	Midland	3.5%	-0.7%	2.3%
20	Odessa	4.5%	1.4%	1.5%
	San Angelo	3.8%	0.0%	1.3%
	San Antonio	0.4%	-0.2%	2.0%
	Sherman-Denison	-0.8%	-4.0%	2.0%
	Texarkana	-3.3%	-0.2%	1.8%
21	Tyler	1.9%	1.7%	2.7%
	Victoria	7.1%	-4.8%	1.2%
	Waco	1.1%	-0.6%	1.8%
	Wichita Falls	-1.1%	1.1%	0.9%
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	<b>Utah</b>	2.9%	-0.3%	4.2%
	Logan	6.3%	0.7%	2.5%
	Ogden-Clearfield	1.5%	0.2%	2.9%
	Provo-Orem	6.8%	-3.0%	5.1%
22	St. George	11.8%	4.7%	3.6%
	Salt Lake City	2.4%	-0.4%	4.4%
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	<b>Vermont</b>	-4.6%	-1.1%	0.2%
	Burlington-South Burlington	-2.9%	-1.9%	0.3%
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	<b>Virginia</b>	-2.6%	-1.2%	1.7%
	Blacksburg-Christiansburg-Radford	-1.0%	-2.1%	0.1%
	Charlottesville	-3.4%	-0.6%	3.1%
	Danville	-3.6%	-3.2%	7.1%
	Harrisonburg	1.2%	0.2%	2.3%
	Lynchburg	-1.9%	-2.3%	1.9%
	Richmond	-2.6%	-0.6%	0.2%
	Roanoke	-2.2%	-0.2%	1.2%
	Virginia Beach-Norfolk-Newport News	-1.2%	1.2%	2.1%

	Winchester	-4.3%	-0.4%	2.2%
	Northern Virginia	-3.4%	-1.2%	1.5%
	<b>Washington</b>	1.0%	-2.5%	1.8%
23	Bellingham	1.4%	1.7%	3.3%
	Bremerton-Silverdale	3.0%	3.0%	1.1%
24	Kennewick-Richland-Pasco	2.0%	3.4%	4.0%
	Longview	2.6%	-4.6%	1.6%
	Mount Vernon-Anacortes	-0.3%	0.7%	2.1%
25	Olympia	3.8%	1.4%	2.9%
	Seattle-Bellevue-Everett	0.0%	-4.3%	2.9%
	Seattle-Tacoma-Bellevue	0.0%	-3.8%	2.8%
	Spokane	3.2%	-2.6%	2.2%
	Tacoma	0.1%	-1.1%	2.2%
	Wenatchee	-0.7%	0.6%	3.3%
	Yakima	-0.7%	-1.7%	2.0%
	<b>West Virginia</b>	-0.6%	-0.3%	0.4%
	Charleston	1.5%	0.6%	0.5%
	Huntington-Ashland	-1.2%	0.9%	0.2%
26	Morgantown	2.6%	1.6%	1.4%
	Parkersburg-Marietta-Vienna	0.0%	0.0%	1.5%
	Wheeling	-0.7%	-0.6%	-0.1%
	<b>Wisconsin</b>	0.1%	-2.1%	0.7%
	Appleton	1.1%	-2.6%	2.6%
	Eau Claire	1.2%	-0.5%	1.8%
	Fond du Lac	-1.0%	0.2%	1.0%
	Green Bay	1.6%	-2.4%	0.6%
	Janesville	-5.5%	-2.6%	-0.3%
	La Crosse	1.0%	0.4%	0.7%
	Madison	0.8%	0.7%	1.2%
	Milwaukee-Waukesha-West Allis	-1.3%	-3.3%	1.2%
	Oshkosh-Neenah	2.2%	0.0%	0.5%
	Racine	-1.8%	-1.5%	-0.1%
	Sheboygan	-1.5%	-2.9%	1.6%
	Wausau	3.2%	-0.9%	0.8%
	<b>Wyoming</b>	2.4%	1.8%	3.7%
27	Casper	2.1%	2.8%	2.3%
	Cheyenne	0.9%	-0.3%	4.2%